

NORAMCO FITNESS

13901 Highway 105 West
Conroe, TX 77304

www.NoramcoFitness.com

MOVING YOUR TREADMILL

As with any heavy object, special care should be taken when moving a NORAMCO Treadmill.

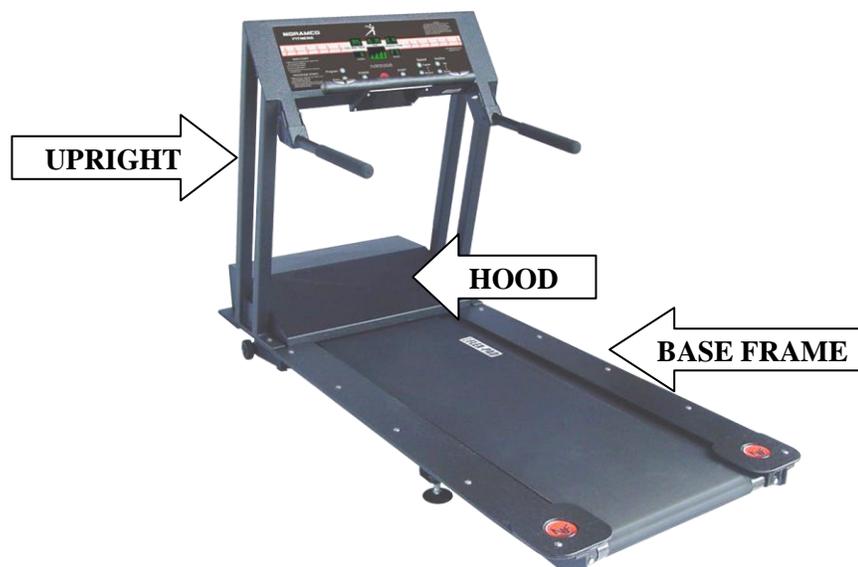
NEVER attempt to move your treadmill alone and always use proper safety equipment.

Dropping your treadmill, even if the fall is only a few inches, will cause serious damage to internal components. Please use care when moving your treadmill, as this damage will result in costly repairs!

WHAT YOU WILL NEED:

1. Friends! Never attempt to move your treadmill alone. In fact, you'll want several. From holding doors and clearing a path, to helping get the treadmill around door frames and other structures, you will be glad you had help!
2. 1/2" Wrench or Socket
3. 9/16" Wrench or Socket
4. Gloves
5. Eye Protection

NORAMCO Fitness recommends that you always wear eye and hand protection when doing any service work on your treadmill!



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STEP 1: SET-UP

Unplug the treadmill from the wall outlet. Secure the power cord for transport. Know the path you will take ahead of time and ensure that any movable obstacles are out of the way. Plan the way around corners with your friends ahead of time. You will also want to prepare the new location for the treadmill.

STEP 2: REMOVE THE HOOD

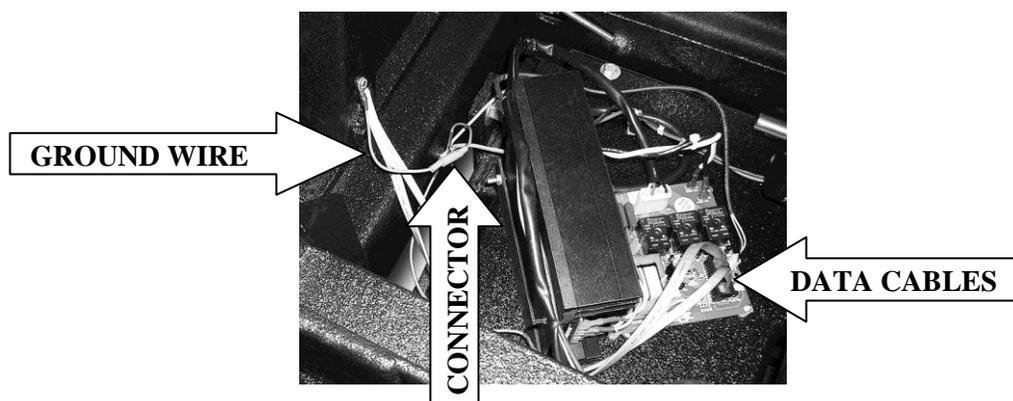
Using your 1/2" wrench, locate and remove the four (4) bolts under the hood that hold it in place. On newer models, you will find and remove four (4) nuts. Some older models have bolts that go through the side.

STEP 3: DISCONNECT THE DATA CABLES

Locate and disconnect the two (2) data cables from the power supply. Secure the loose cables to the leg of the upright with a rubber band or tie-strap (see step 4). Older models may only have one (1) data cable.

STEP 4: DISCONNECT THE GROUND WIRE

Disconnect the ground wire *connector* on the ground wire that runs between the upright to the base frame. Secure the loose end of the ground wire to the upright along with the data cables. Older treadmills may not have this ground wire.



Equipment pictured may differ slightly depending on age of treadmill.

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STEP 5: UNBOLT AND REMOVE THE UPRIGHT

Using your 9/16" wrench, locate and remove the four (4) bolts that attach the upright to the base frame, while a friend holds the upright in place. Carefully remove the upright from the base frame and set aside. Some older models have an upright that folds down.

STEP 6: TRANSPORT THE TREADMILL

Be careful to ensure the treadmill is not dropped. Always transport the base frame as flat as possible. Take care to protect the power cord and any other loose parts.

If you have enough room and are rolling the treadmill on its front caster wheels, please use caution. The caster wheels were not intended to serve this function, so when you approach any type of bump or dip in the floor, such as a door jam, you must lift the caster wheels of the treadmill over the obstruction. Please do not try to roll over any type of bump while moving the treadmill in this manner.

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STEP 7: INSTALL THE TREADMILL IN ITS NEW LOCATION

- Install the upright onto the base frame using the four (4) bolts you removed in step 5.
- Connect the data cables* and ground wire you disconnected in steps 3 & 4.
- Plug the treadmill into its new outlet (20AMP Breaker, Dedicated Line).
- Run the treadmill to ensure everything is working correctly. Check for belt tracking. A troubleshooting guide has been provided on the next page.
- Reinstall the hood.

*Please note the notch in the hood. The data cables must be positioned under this notch when reattaching the hood to the frame. Failure to properly position the data cables can damage them, resulting in a variety of symptoms including a complete loss of power to the treadmill.

THIS PROCEDURE IS NOW COMPLETE. YOUR TREADMILL SHOULD NOW BE READY FOR USE.

A TROUBLESHOOTING GUIDE CAN BE FOUND ON THE NEXT PAGE.

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TROUBLESHOOTING GUIDE

BEFORE PROCEEDING, PLEASE CHECK TO MAKE SURE YOUR TREADMILL IS PLUGGED IN, THE STOP MAGNET (SAFETY KEY) IS IN PLACE, AND THAT THE INSTRUCTIONS ON THE PREVIOUS PAGES HAVE BEEN FOLLOWED IN FULL.

1) *THE TREADMILL DOES NOT POWER ON.*

- Check the new outlet for proper power. Our treadmills usually require 110 Volts, a 20 AMP Breaker, and a dedicated line. Never use an extension cord. Remember, you can call with your treadmill's serial number to check the requirements of your treadmill. (800)827-2017
- Check the power cord for damage.
- Check the data cables for damage.

2) *THE ELEVATION IS ACTING STRANGELY OR NOT WORKING AT ALL.*

- Check the data cables for damage.
- Check to ensure the wiring is still connected to both the power supply and lift motor.
- Check the lift motor for damage. Was the treadmill dropped during transport? If so, the lift motor may be physically damaged and require replacement.

3) *THE DRIVE BELT AND/OR WALKING BELT ARE MAKING NOISE OR "WANDERING".*

- Perform drive belt and/or walking belt adjustment procedures. Please visit our website or call for instructions. (800)827-2017

4) *THERE IS A VIBRATION THAT WAS NOT PRESENT BEFORE.*

- Check parts for alignment. Was the treadmill dropped during transport? If so, certain parts may have shifted and need adjustment. Call our service department at (800)827-2017.
Please do not attempt to adjust the alignment of any parts before contacting us.

5) *THE BREAKER KEEPS TRIPPING RIGHT WHEN THE MOTOR IS SUPPOSED TO START.*

- If your treadmill is close to the breaker, it may cause an issue such as this. We can provide an easy to install part that will prevent your treadmill from tripping the breaker in this fashion. Call our service department for more information.

6) *BOLTS/NUTS/WASHERS OR OTHER PARTS WERE LOST DURING TRANSPORT.*

- Call the NORAMCO Fitness service department for replacement parts. (800)827-2017

IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CALL OUR SERVICE DEPARTMENT FOR ASSISTANCE. SERVICE DEPARTMENT HOURS ARE: MON-FRI 8AM-5PM CENTRAL